

BED BUGS ARE AN ANNOYING  
PEST OF EXPOSURE THAT  
CAN BE AVOIDED

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- Bed Bugs are a pest of exposure. They have little or nothing to do with your living conditions.
- If exposed anyone can bring them home and have a problem.
- Bed Bugs are a complex pest to deal with and experience is essential to rapid elimination.
- Everywhere in the world is currently experiencing issues with Bed Bugs.
- Our website will help you identify infestations and avoid contact with them in the future.



## Bed Bugs Limited

BedBugs are a global pest of nuisance that have been making a major come back over the last 3 years.

Most major international cities have experienced a 500—1000% increase in activity over the last 2 years.

Becoming aware of the issue and how to check for the signs of bed bugs is now becoming a necessity for anyone who travels internationally on business or leisure to ensure that you avoid coming into contact with this troublesome pest.

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## Bed Bugs Limited

The UK's leading source for information  
on the control and eradication of bed  
bugs

WE ARE  
TREATING A  
NEIGHBORING  
PROPERTY AND  
THOUGHT IT  
ADVISABLE TO  
SHARE THIS  
INFORMATION SO  
YOU CAN AVOID  
HAVING THE SAME  
PROBLEM.

[WWW.BED-BUGS.CO.UK](http://WWW.BED-BUGS.CO.UK)

# HOW TO CHECK FOR THE SIGNS OF BED BUGS

YOU CAN GET BED BUGS IN ANY LOCATION WHERE PEOPLE SPEND LONG PERIODS OF TIME. THE MOST COMMON LOCATIONS TO GET INFESTED ARE SLEEPING AREAS AND LOUNGES.

THEY HAVE NOTHING TO DO WITH THE CLEANLINESS OF YOUR LIVING CONDITIONS AND ALTHOUGH THEY CAN BE UNPLEASANT DO NOT CARRY ANY KNOWN DISEASE RISKS.

IF YOU SUSPECT YOU HAVE A PROBLEM WITH BED BUGS IT NEEDS TO BE CHECKED OUT AND VERIFIED. IF UNTREATED, AN INFESTATION OF BED BUGS WILL ONLY BECOME WORSE AND MAY SPREAD TO THE REST OF YOUR PROPERTY.

IF YOU SUSPECT A BED BUG INFESTATION IT IS ESSENTIAL THAT:

- ALL POSSESSIONS AND FURNITURE ARE LEFT UNDISTURBED.
- YOU REMAIN CALM AND RELAXED
- YOU NOT TRY TO TREAT THE PROBLEM WITH HOUSEHOLD AEROSOL INSECTICIDES WHICH CAN MAKE THE PROBLEM WORSE.

THE PICTURES OPPOSITE ILLUSTRATE THE MOST COMMON SIGNS OF A BED BUG INFESTATION. ODDLY ENOUGH BITES ALONE ARE NOT THE FIRST IDENTIFIABLE SIGN IN ABOUT 60% OF ALL INFESTATIONS:

CHECK THE BED AND SLEEPING AREA FOR:

- TELL TALE BLOOD SPOTS OR FECAL TRACES
- THE PRESENCE OF LIVE SAMPLES OR SHED SKINS
- THE PRESENCE OF BLOOD SPOTS ON YOUR BED LINEN AND SHEETS
- BITES THAT OFTEN APPEAR WHITE IN THE CENTRE AND MAY ITCH FOR SEVERAL WEEKS (BITE RESPONSE IS HIGHLY INDIVIDUAL AND THUS NOT A DEFINITIVE INDICATION OF BED BUGS)

BEDS AND SLEEPING AREAS SHOULD BE CHECKED MONTHLY AND ALWAYS CHECK A BED BEFORE YOU STAY IN IT.

AVOIDANCE IS THE BEST SOLUTION.

